



**Fighting Stigma, Finding Solutions:**  
**A Symposium on Mental Health & Our Community**

Friday, March 4 – 5-9pm / Saturday March 5, 9-12pm  
Kane Hall / Mary Gates Hall, University of Washington, Seattle

To Register: [fightingstigma.eventbrite.com](http://fightingstigma.eventbrite.com)

You are invited to join the Thomas C. Wales Foundation and partnering organizations for a two-day symposium to “destigmatize” mental illness and to have a frank discussion of the impacts of cutbacks in funding, while examining ways our local community can better respond to the treatment needs and recovery of individuals who suffer from severe mental illness and support their families and friends.

Issues addressed will include: access to treatment; community safety; youth and education, and the workplace.

**Friday, March 4, 2011**

**Kane Hall, University of Washington**

5pm – Registration & Reception

6:30pm – 9pm – Program

**Panel 1: National Recovery & Anti-Stigma Campaigns**

- **Jessie Close**, [BringChange2Mind](#)
- **Gregory Montgomery**, Former All Pro NFL Punter, Bipolar Wellness Advocate and Coach/Mentor
- **C.R. Douglas**, Moderator

**Panel 2: Local Advocate Share their Stories**

- **Delaney Ruston, M.D.** and filmmaker of [Unlisted: A Story of Schizophrenia](#)
- **Linea Johnson**, Mental health advocate and speaker
- **Patrick Ciminera**, Sound Mental Health peer specialist
- **Martha Monfried**, Board Member, [NAMI Washington and Eastside](#)

**Panel 3: Washington’s Community Mental Health System**

- **Susan Dreyfus**, [Secretary, DSHS](#)
- **Sue Rahr**, [King County Sheriff](#)
- **Dr. Richard Veith**, Chair of [UW Psychiatry & Behavioral Sciences](#)
- **Craig Rennebohm**, [Seattle Mental Health Chaplain](#)

## **Saturday, March 5, 2011**

### **Mary Gates Hall, University of Washington**

8am – Registration & Light Breakfast

9am – 1pm – Workshops

#### **Workshop 1: Mental Health and the Family/Youth/Education**

Speakers will discuss the ways mental health issues impact the family, youth and academic environments and the services available to help families, schools and individuals. Each presenter provides a unique perspective to the issue.

- **Linea Johnson**, Mental Health Advocate and Speaker
- **Lisa Hoyt & Geramy Hudson**, Renton Academy
- **Susie Winston**, Director, SMH Children and Family Services
- **Cinda Johnson**, Professor, Seattle University (moderator)

#### **Workshop 2: Mental Health and Access to Services/Support**

Speakers will discuss the available resources and services available to the community and how individuals can help their loved ones access these resources.

- **Dr. Delaney Ruston, M.D.** and filmmaker
- **Yoon Joo Han**, Behavioral Health Services Director at ACRS
- **Corinne Wegener**, Consejo
- **Amnon Shoefeld**, Director, King County Mental Health, Chemical Abuse and Dependency Services Division (moderator)

#### **Workshop 3: Mental Health and the Community**

With challenging mental health issues so prevalent in our community, in the legal system, among the homeless and at home, we all have a personal stake in community mental health. This panel will address these issues, along with the dynamic challenges of community misperception, developments in public safety, voluntary commitment laws, and more.

- **Craig Rennenbohm**, Seattle Mental Health Chaplain
- **Helen Nilon**, Executive Director of Mental Health Action
- **Declan Wynne**, Director, Sound Mental Health Integrated Services
- **Dan Satterberg**, King County Prosecuting Attorney
- **Judge Harry McCarthy**, King County Superior Court (moderator)

#### **Workshop 4: Mental Health and the Workplace:**

Speakers will discuss the challenges that those with a mental illness face in finding and keeping work, what employment means to their recovery, the role providers play in helping employers, and the ways employers can incorporate best practices.

- **Jenny Haykin**, Human Resources, Puget Sound Energy
- **Danielle Eagleton**, Vocational Services Expert
- **Darren Paschke**, Supervisor, Employment Services Program, Navos
- **Martha Monfried**, NAMI Washington & Eastside Board Member

This event is presented by the [Thomas C. Wales Foundation](#), in partnership with the Psychiatry & Behavioral Sciences Department of the University of Washington, Sound Mental Health, Navos Mental Health Solutions, and NAMI (the National Alliance on Mental Illness) Washington & Eastside.

*The Thomas C. Wales Foundation is dedicated to the promise of ordinary citizens actively helping to create a more livable and fair society. Our work, as stated in our tag line, is inspiring civic engagement. Tom Wales was a federal prosecutor and a highly active civic leader and volunteer in Seattle. Tom believed in the power of civic engagement and the ability of everyday citizens to make a difference in their communities. The Thomas C. Wales Foundation is a non-partisan organization dedicated to carrying on the spirit of Tom's work and sustaining his memory.*

**To become a sponsor of this event, please contact Sarah Studer at [sarahstuder@gmail.com](mailto:sarahstuder@gmail.com).**